

## PHC News

PHC News is the newsletter of the Paul Hunter Centre

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### October/November 2010

Hi everyone, aren't the days speeding by at the moment?

The Centre's AGM was held in October – thank you to those of you whom took time to come by, or who register your apologies. It was wonderful to see the support at this meeting. The Executive Committee members for the Centre are: Jude Henry (chairperson), Brigit Gibbs, Susanna Clark, Ian Coleman, Alistair McMillan, Alison Hiscox, Kevin Ellmers (client representative) and myself.

Planning for the end of the year is well and truly underway. We have lots of great ideas to keep everyone busy and to get into the Christmas spirit as we get closer to finishing for our annual Christmas holiday break.

We have been very fortunate to have been given several generous funding donations over the last few weeks:

- Free Postage envelopes from NZ Post (which are greatly appreciated in order to get our news out to everyone in the community);
- from COGS, a general contribution towards telephone costs, electricity and rent;
- from the CHB Lions Telephone Directory Fund, a very generous donation to help with operating costs.
- A donation from the Bibby Trust
- From the CHB District Council Community Voluntary Scheme, a grant to help towards administration costs.

- From Pub Charity, funding to install a pull out step on the Centre's van to enable the clients easier access to the van, and also funding to allow 6 clients to use a personal trainer at the AW Parsons gym over the next twelve months.

We are just amazed at this generosity and are so appreciative of this support of our service.

Until next time, take care, Katrina

#### Raffles

Thank you to everyone who has supported us over the recent months by buying our raffles. Later in the month we will be starting our last raffle of the year – there will be several prizes including a voucher for a dinner for two kindly donated by the Ypuk Razza, and some Christmas baking including a cake, truffles, coconut ice. Tickets will be \$2.00 each so if you are interested please contact us at the Centre.

Until next time, take care, Katrina

#### Wendy's Worblings

The time has come for me to move on and so I reflect on my last eight years here at the Centre. The time has certainly flown and I cannot believe how quickly I have met and come to know so many people during this time. It has been nice getting to know the clients and their families. As we all know relationships are an important part of our lives. And they are even more important here

at the Centre as we strive to involve the clients in the community.

I would like to extend my thanks to all those organisations and businesses I have had connections with. Your generosity has been awesome - the clients here have benefited greatly from a range of activities as they grow and reach out for more.



***Bye Wendy, we're going to miss you!***

The family support is and has been incredible. We are so lucky to have this support. I would like to thank you also for this. And to the clients, I would like to say I have enjoyed being a part of your lives. I know you will continue to grow and learn and I would like to wish you all the best for the future. To my fellow staff members, thanks for all the memories we have shared. I know the Centre will continue to grow under your guidance. I will close now before this becomes a novel. No doubt I will see you around sometime when I am in town.

Love and best wishes  
Wendy

### **Barry's Barkings**

Hi everyone, only 8 weeks to Xmas and slightly under to the holidays (ye-ha). I am so looking forward to this time and what Xmas means to me, I can look back on some wonderful family Xmas's as a child and on

through into my adult years but enough of that for now.

At the time of writing it is a new time here at the PHC with Wendy leaving us Thursday last and Janet, along with Shelley, taking over her hours they will both bring their own energy and ideas to the Centre and we look forward to this. Wendy's friends gave her a wonderful send off. On whatever path she chooses to travel in the future, good luck and best wishes to you.

Our new garden is awaiting the arrival of Will Tully and his dingo digger. Candy and I removed the old compost bins and discovered 3½ trailer loads of very good compost we can use in our new strip gardens. Candy has been busy planting seeds and also building a new compost bin which is 1 of 3 we will have on the go.

Again if you wish to donate a punnet of vege plants or a packet of seed we would be very grateful.



**Watch this space!!**

We have received funding for 6 clients to go to the gym for 40 weeks and also for the much awaited van step which will be fitted by local company Stephenson and Taylor sometime soon, enough from me for now.

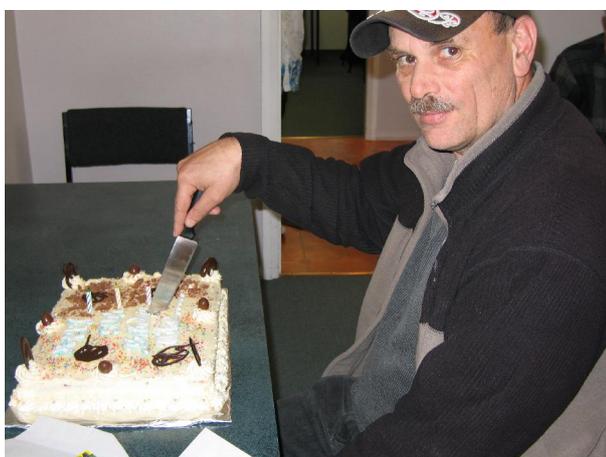
Best wishes, Barry.

## Recent Centre Happenings

*The gang discovering ten year's worth of great compost*



*Happy 50<sup>th</sup> birthday Mike!*



*Scott and Judy getting down to some serious puzzle work*



*Farewell to our wonderful colleague and dear friend Wendy*



### A Request Please

We are on the lookout for knitting wool to replenish our stocks here at the Centre. Pure wool or acrylic odds and ends would be greatly appreciated. Many thanks.

### Client News

I had nice food at Paul Hunter Centre. I did the Haka for Wendy on the day she left and we finished about 2pm.  
From Scott

I am the Haka man! We did the Haka for Wendy. We had an afternoon tea for her and

it was nice food. I said thank you to Elsie for making the nice food for us. We all stood at the front door to wish Wendy well.

From Peter

### Kevin's Report

Hello C.H.B

Under 60 days till Christmas. Ye Ha!!

*Centre Happenings.....*

On the 19<sup>th</sup> of October we had our annual A.G.M here at the Centre. It was good to see so many people turn up and show their support for the Centre, thank you.

Things are all go here at the Centre.

Sadly, we farewell Wendy. Wendy has been a staff member here for eight years and a very valued one at that. Her kind hearted nature and skills that Wendy passed down to the clients will truly be missed.

With Wendy leaving, we sort of gain to new staff members. Our volunteer, Janet, and a past staff member, Shelley, are going to do 2 days a week each. Both Shelley and Janet, who are familiar with the clients, will bring their own new challenging ideas to share with the clients and I'm positive we will benefit immensely from them both.

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### **Elsie's Eclipse**

Hello and welcome everyone. Once again the month is nearly over. I am very busy at the moment doing Christmas baking. And the strip gardens out the back are finished and we are getting ready to plant them with vegies for summer. This year has gone quite fast and almost another year has passed. Won't be long and the Centre Christmas party will be here and then the Christmas holidays break.

Regards, Elsie

*This Month's Recipe:*

### **Marshmallow**

2 cups sugar

4 heaped desert spoons of gelatine

1 cup cold water

1 cup boiling water

Coconut, vanilla and a few drops of food colouring

Put 1 cup of cold water into a large saucepan. Sprinkle gelatine into cold water and leave for a few minutes to set like jelly.

Add 2 cups of sugar and 1 cup of boiling water. Stir.

Put gelatine mixture onto stove and bring to a rolling boil, boil gently for 10 minutes.

Take off the stove and let it cool to luke warm. Add vanilla essence and food colouring. Beat with an electric beater until thick and creamy and doubles in size.

Pour into a lined greased swiss roll tin, put in the fridge to set. Cut up and roll in coconut.

Delish!!!!

Until next time, take care!

*From all of us at the Paul Hunter Centre*